

The Clifton Practice Certificate in Medical Hypnotherapy (CPCMH)

Further to the email 18 May 2017, we are delighted to announce that registration is now open for this post graduate qualification. This qualification consists of the following CPD courses listed in the box below and one-to-one practice in certain techniques, such as distraction trances, memory trances and conversational hypnosis. The majority of medical hypnosis consists of dissociative trance (our usual trance work in our therapy rooms), in medical hypnotherapy we do, on occasion, need to use other techniques. Further details of this post graduate course are explained below.

CPD COURSES.

2017	Location	Date	CPD	Lecturer
	CP	Jun 18 am workshop	Needle Phobia	DR
	CP	Jul 7 am workshop	Palliative Care	DR
	CP	Oct 1 am workshop	Emetophobia	SW
	CP	Sep 9 am workshop	Essence of SFH	DN,SR,DR
2018	CP	Feb11 Full day	Chemotherapy	DR

DR – Dorothea Read, SW – Sarah Whittaker, DN – David Newton, SR – Susan Rodrigues

Each CPD will be accompanied by CPCMH specific notes and a multiple choice test for you to take in your own time. The purpose of this is for you to be able to assess your understanding of the CPD. Answers to the multiple choice quizzes will be included in your course notes and we ask you to contact your mentor if you find you haven't quite understood something yet.

MENTORS.

Each post graduate student of this certificate will be allocated a mentor from the Hospital Hypnotherapy Service team. Members of this team are CPHT qualified solution focused hypnotherapists who practice SF hypnotherapy in hospitals at least once a week. Your mentor will assist you in learning the practical skills required, as well as assist you in applying to hospitals and hospices by helping you with your application and writing you a personal reference for your application.

SKILLS RECORD and FOLDER

Each post grad student will be given a log book (virtual, if preferred) to enable you to keep a record acquiring your practical skills and practice times with your mentor. Most mentoring will take place via skype. A folder will be provided to keep course handouts. All course notes at CPDs will be specific for the Medical Hypnotherapy Certificate even on courses where other colleagues not aiming for this qualification are attending the CPD.

TRAINING FROM SENIOR HOSPITAL STAFF.

This course includes a lecture from a senior nurse who will explain hospital protocols to students, including infection control, ward protocols, data protection and how to store your hypnotherapy notes.

QUALIFICATION

On successful completion of the course you will be awarded **The Clifton Practice Certificate in Medical Hypnotherapy.**

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Success will be measured by the required CPD attendance, the assessment of your mentor in your one to one practice sessions and skype session. You will also be able to keep track of your learning by self-marking on your multiple choice tests.

As you can see this is a comprehensive course that will leave you very well equipped to offer your services as a solution focused hypnotherapist specializing in medical hypnotherapy to hospitals, GP surgeries and hospices. We have added a large component of one to one assistance so that you feel prepared for the busy environments you may be working in.

The registration fee is £300 and this covers,

1. All five CPDs (*The usual £10 CPD registration fee still applies*)
2. All course correspondence.
3. The course specific CPD notes for after the CPD and your folders
4. Mentor allocation of your mentor and your mentor's time.
5. CPCMH Certificate on successful completion of course and a personal reference.

The registration fee can be made by card or cheque when attending CPD courses.

Grandfather clause. If you have attended Hypnotherapy for Chemotherapy in February 2017(CPHT Bristol) or April 2017 (CPHT Manchester) then registration is £235. Courses attended over a year ago will have to be repeated as research changes and we update the course material regularly to reflect this.

To register please apply to:
Dorothea Read
Email: dmread@outlook.com
Tel: 07767 350 683